

HOW TO INSTALL YOUR



GRILL

Have you been longing for your very own blinged-out grill? This handy guide outlines the steps it takes to achieve an eye-catching smile.

what's a grill?

A grill is a type of jewelry that is worn as a mouthpiece. The majority are removable, but can be permanently attached to the teeth. Grills are particularly popular among hip-hop artists, listeners, and men that are going through their mid-life crises.

the origins

In the 1980s, a single gold tooth or two were a popular choice among rappers and hip-hop stars. In the 1990s, the trend of a solid row of gold teeth emerged. This eventually evolved into the diamond and gold contemporary mouthpieces of today. The mouth grill reached its pinnacle with the 2005 song Grilz by rap artist Nelly.

permanent

1 The first and most crucial step in the permanent grill treatment process is the reshaping of the natural teeth; they must be ground down to Voldemort-type nubs so gold, platinum, diamonds, and other bling can be attached to the teeth.



removable

1 Since you have opted for the removable grill, now is the time to research which celebrity you wish to emulate. The best resources for this include Vibe magazine or the BET channel.



CHOOSE YOUR DENTIST

2

Next, impressions of your teeth are taken by a dentist that is also skilled in the art of blingology. A green, gooey composite is often used, with the only side effect being intense gagging or halitosis.



2%

If you are going the permanent route, this is the phase in which your teeth are ground down to tiny Chiclets. At this stage, it is best to stay indoors lest you be confused for a mutated rat-human.



3

While the mold for your teeth is being made, it is time to finalize the style of your grill. Many wearers opt for diamond embellishments that are set in gold or platinum.



4

Congratulations, your grill has been made. If you are getting a removable grill, all you need to do is slip it on and head to the nearest rap battle. If you chose a permanent model, this is the phase in which your dentist bonds the grill to what is left of your teeth. After the first month, eating and drinking from anything but a pimp cup may prove difficult.

